

The Path and Path Elements Framework for Students Explore. Design. Create Your Future.

#### The Path Program

The Path Framework provides a simple and proven process for improving how students see themselves and the world they are preparing for as they graduate. It is intended as a three year process from Freshman to Junior year.

In this overview we will give you some of the high points for how the Path Framework for students is designed. The Path takes a student who is thinking about something they want to become or achieve in the future and places the ingredients in front of them, teaches them how to align those ingredients, and then how to attach them to what they currently see in their vision.

When students attach learning to something they can envision in their future there's a greater possibility that they will achieve goals and pursue the direction that aligns with who they see themselves as being.



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#### **Personal Identity**

We have designed a proprietary assessment that gives students an instant frame of reference for who they are, how they are wired, and what that means for their personal, educational and vocational future. The Four Elements of Fire, Earth, Water, and Wind provides a visual for how the brain is wired in order to help youth make better choices on a daily basis.

Everyone wants to belong. No one wants to be misunderstood or left out. Social media is often the go-to-spot for identity and expression. When a student is given information about their personal hard-wiring that is memorable and easy to recall and apply, they actually begin to see and understand themselves from that perspective.

One student that experienced this stated, "I've been using my Fire to burn through things. I need to use my Fire to light the way for my little brother."

#### **My Talents**

When you think about what you are naturally gifted at it most likely will not be something you were trained to do or went to school to learn. You woke up with these traits and talents. Someone saw the raw talent in you and maybe even said to you, "You are good at that!"

It is important to lay a foundation, in the first year of the program, that provides a lens for how students see their contribution to themselves, to others, and ultimately to the world.

When we get students to focus on their talents they begin to see new ways to motivate themselves to learn, apply their education, and give back to their communities.



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#### My Future Self

Think back to when you were 15, 16 or 17 years old. What did you think about the future? How far out did you see yourself from graduation? Did you see yourself getting a job, getting married, having children, traveling, or starting a business?

# What inspired you? What held you back? How many questions sprang up about yourself or your future?

In the current educational process are we stopping long enough to ask them about their future self?

When their future self becomes anchored in the present moment they become more confident and assured that they are moving in the direction of their desired future.

#### My Mission and Purpose

Motivation is an internal measurement. Most people need more than motivation to achieve their goals and dreams. When motivation runs thin or when we are not being cheered or encouraged from the sidelines, we can lose sight of the goal. Knowing internally what motivates each Element can keep them focused on their mission.

**Fires** are motivated by control and results. **Waters** are motivated by harmony and compassion. (*Fire and Waters are Opposites*) **Winds** are motivated by expression and attention.

**Earths** are motivated by accuracy and details. (Wind and Earths are Opposites)

The mission and purpose portion of the framework attaches internal motivators with a way to express and live out their personal mission. Each student writes a personal mission and vision statement for 5-10 years forward. This acts as a magnet for achievement and a motivator when internal motivation runs dry along the journey.



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#### **Clarifying Purpose**

Utilizing these tools and resources that the Path Framework provides and applying them to real life is what we call **Clarifying Your Purpose**.

Once a student is clear about their personal identity, their talents, their future self and their mission, they are ready to step into the advanced level of the Path which takes place in year two. Clarifying Purpose is completed through community service project, mentoring or being part of a student-led Path Club or group.

The student creates an execution map that they will use for the next twelve months to demonstrate their mission and purpose to themselves and with others.

The goal here is to take what they have created on paper and put it into action today.

This level requires a mentor or community partner for connecting students to leaders.

### **Coaching Skills**

In their junior year of high school the student will receive the 5 Essential Skills of Coaching from an Elemental perspective.

Year three allows students to see their purpose and mission coming into clearer alignment with who they are.

## They are coached to learn how to navigate change.

As students are coached Elementally they will begin to apply the skills to their own decision making, relationships, education and communication. They will be given an initial skill set for creating movement in their lives while making confident and informed decisions based on who they are Elementally.

Learning these coaching skills in high school will change nearly every interaction they find themselves involved in.



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#### **Leadership Matrix**

Based on the premise that leaders are made. Most leaders are not 'born leaders.' Equipping them early to see their leadership style and to call forth leadership in others.

## Leaders do these four things on a daily basis:

They Excite their team--like FIRE.
They Ground their team--like EARTH.
They Transform their team--like WATER.
They Release their team--like the WIND.

Students will learn how to use the above construct as a leader and how the leadership lens they are looking through is different than the other three Elements they cannot see. Learning and applying the **Elemental**Leadership Matrix® makes it easier to respect differences while leading others.

Leadership, Habits, Relationships and Innovation are essentially the core of how each Element leads. We teach leadership can come from any Element. Every student needs to know this.

#### **Student Leaders**

The Path and Path Elements Frameworks gives students who are thinking about their futures a proven curriculum for managing, navigating and leading their future.

Our mission is to inspire, ignite and illuminate the personal path of every student. We do this by giving them a recipe for exploring, designing and creating their future self. In the process they move through the cycle of thinking about today, where they are right now, to thinking and living out their mission before they become a senior in high school.

Our desire is to equip each student to design a purposeful and fulfilled life. Like Michelangelo, when students have the tools for chipping away at the large chunk of marble in front of them each day, they can begin to see their future in a variety of new and meaningful ways.

For more information about the Path and Path Elements Frameworks please email us at <a href="mailto:admin@pathelements.com">admin@pathelements.com</a> to discuss a demo or student sample at your school.



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